

# COMMONWEALTH of VIRGINIA Department for the Aging

Jay W. DeBoer, J.D., Commissioner

#### TABLE OF CONTENTS **AAA TUESDAY E-MAILING April 20, 2004**

SUBJECT	VDA ID NUMBER
GrandDriver Program Update (Bill Peterson & Janet Honeycutt)	04-134
Arthritis and Living Well with Arthritis: You Can (Carol Driskill)	04-135
10th Annual Adult Abuse Prevention Conference - June 3 & (Bill Peterson)	<u>4</u> 04-136



## COMMONWEALTH of VIRGINIA

#### Department for the Aging

Jay W. DeBoer, J.D., Commissioner

#### **MEMORANDUM**

**TO:** AAA Directors

**FROM:** Bill Peterson & Janet Honeycutt

**DATE:** April 20, 2004

**SUBJECT:** GrandDriver Program Update

Please refer back to Tuesday Emailing #04-111 from March 16, 2004.

This is just a reminder that VDA and DMV (along with AARP and the Virginia Chapter of the American Automobile Association) will be kicking off Virginia's GrandDriver Program in May. Although GrandDriver is a national program, Virginia is the first state to initiate the program statewide. Those of you in Northern Virginia may remember that a pilot version of GrandDriver was tested in the Washington metropolitan area last year.

Governor Warner will appear in a 30 second commercial for the GrandDriver program that will begin to air in three markets in May: Tidewater, Roanoke, and Richmond. In addition to this commercial, news articles will be developed and sent to newspapers and local magazines in all regions of the Commonwealth. Print materials will be distributed to all AAAs, local AARP chapters, local DMV offices, and local offices of the American Automobile Association. VDA will also host <a href="www.granddriver.net">www.granddriver.net</a> (currently under construction) that will provide older persons, their families, and service providers with information about the impact of aging on driving and include links to other websites.

You will be receiving GrandDriver materials, including a videotape of the Governor's commercial, in the near future. You may also be asked to appear on local

SUBJECT: GrandDriver Program Update

Page 2 of 2

TV and/or radio interview shows along with the Commissioners of VDA and DMV who will be talking about GrandDriver. This will be an opportunity for you to talk about your AAA. In the meantime, please contact Janet Honeycutt if you have any questions.

### COMMONWEALTH of VIRGINIA

#### Department for the Aging

Jay W. DeBoer, J.D., Commissioner

#### **MEMORANDUM**

**TO:** Executive Directors

Area Agencies on Aging

FROM: Carol Cooper Driskill

**DATE:** April 20, 2004

SUBJECT: Arthritis and Living Well with Arthritis: You Can

Arthritis is the leading cause of disability. The risks for Arthritis rise dramatically with age and are higher among women than men. The Center for Disease Control and Prevention (CDC) reports that there are currently 1,771,000 Virginians with doctor diagnosed arthritis and/or chronic joint symptoms – or one out of four people.

Virginia Department for the Aging is a member of the Virginia Arthritis Task Force that is sponsoring a two-day community education symposium in May. The conference is geared towards community members, health and aging professionals, and physicians. A brochure is attached. Conference registration has been extended to May 12 and hotel reservations at the conference rate extended to May 3.

Please contact me at <u>carol.driskill@vda.virginia.gov</u> if you have individuals interested in attending but the registration fee is a barrier. Thank you. I hope to see you on May 21 and 22, 2004.

#### Overview

The members of the Virginia Arthritis Task Force strongly recommend that an awareness symposium is needed to reach out to Physicians, Allied Health Professionals and Community members to address arthritis as a public health issue. Arthritis is the lead-

ing cause of disabilities.

The Center for
Disease Control
and Prevention
(CDC) reports
that currently in
Virginia there
are 1,771,000
with doctor
diagnosed
arthritis and/or
chronic joint
symptoms, that is
one out of four
Virginianians. The risks for

Arthritis rises dramatically with age and is higher among women than men.

The purpose of this educational awareness symposium is to provide a format that will increase a basic understanding of arthritis in some of its most common forms and develop private and public partnerships to address the impact of arthritis in Virginia.

#### Conference Objectives

At the conclusion of this symposium, participants will have heard from experts in the field of Arthritis and be able to:

- Describe the many faces of people that are diagnosed with arthritis, and its risk factors.
- Discuss with patients accurate information regarding alternative therapies and traditional treatment options.
- Provide information concerning the current trends in surgical options, research findings and the state of future research.
- Explain the latest findings of new drug treatments, potential complications, and future research.
- Discuss how quality of life is impacted by arthritis and how to address potential challenges for both healthcare professionals and patients to discuss treatment options that improve quality of life.



# Living Well with Arthritis: You Can



# A 2-Day Community Education Symposium

Presented by: The Virginia Arthritis Task Force The Virginia Department of Health

May 21-22, 2004

Richmond Omni Hotel 100 South 12th Street Richmond, Virginia

#### Day 1 Friday, May 21, 2004 8:00-9:00 am Registration 9:00-9:30 am Welcome and Opening Remarks Robert B.Stroube, M.D. M.P.H. State Health Commissioner 9:30-10:30 am The Many Faces of Arthritis Teresa J. Brady, PhD, Centers for Disease Control and Prevention 10:30-11:00 am Break and Visit Educational Exhibits 11:00-12:00 am Treatment Options -Break Out 1 (Select one) Track 1 - Alternative Therapies Carol Pontzer, MD, National Institutes of Health Track 2 - Drug Therapies, Current Treatments, Sean Whelton, MD, Georgetown University, Washington, DC Track 3- When to Recommend Surgery Daniel Carr, MD, Virginia Orthopedics and Sports Medicine Lunch and Educational Presentation 12:30-1:30 pm Where Do We Go From Here Amye Leong, Internationally Recognized Author " Get A Grip" 1:45-2:30 pm Activity Breakouts 1 (Select one) Aquatics - Mary Essert, BA ATRIC, Yoga for people with Arthritis - Nora Pozzi Physical Activity: The Arthritis Pain Reliever - Sheila Ward, PhD Tai Chi - John Frett 2:45-3:30 pm Activity Breakouts 2 (Select one) Aquatics - Mary Essert, BA ATRIC, Physical Activity: The Arthritis Pain Reliever - Sheila Ward, PhD Tai Chi - John Frett, Richmond, Virginia 3:30-4:00 pm Break and Visit Educational Exhibits 4:00-5:00 pm Treatment Options - Break Out 2 (Select one) Track 4 - Alternative Therapies Carol Pontzer, MD, National Institutes of Health Track 5 - Drug Therapies, Current Treatments, Sean Whelton, MD, Assistant Professor of Rheumotology, Georgetown University, Washington, DC

Track 6- When to Recommend Surgery

5:30-7:00 pm

Daniel Carr, MD, Virginia Orthopedics and Sports Medicine

and Visit Educational Exhibits

Networking Reception

#### Day 2 Saturday, May 22, 2004 8:45-9:00 am Welcome Remarks -Ramona Dawn Schaeffer, MSED, CHES 9:00-10:00 am A Closer Look at ....Juvenile Arthritis Track 1 - Harry Gewanter, MD. Pediatric Rheumatologist The Invisible Disability: Fibromyalgia Track 2 - Mary Essert, BA ATRIC 10:00-11:00 am Nutrition Track 1 - Eating Well, Living Well with Arthritis Maureen L. Storey, PhD Virginia Polytechnic Institiute, Alexandria VA Arthritis Foundation Model Programs Track 2 - Arthritis Self Help Course, ASHC People With Arthritis Can Exercise (PACE) AF Aquatics 11:00-11:15 am Break 11:15-12:15 pm More Experts at Your Service - Break Out Track 1 - Assistive Technology for Home, Work and Living Robert Krollman, MS. CRC, NCC Track 2 - Getting through the System -Everyday Information Thomas D. Johnston, Esq. and Espthonia Owolabi, Social Worker Lunch and Closing Session 12:30-2:00 pm Discussion: Your Treatment Questions Answered

First 50 registrations will receive a free pedometer

Moderator, Frank L. Brown, M.D.

#### Hotel Information:

The Living Well With Arthritis: You Can Symposium will be held at the Richmond Omni Hotel, 100 South 12th Street, Richmond, Virginia, with a conference rate of \$80.00 plus taxes per night. The Omni's compliant rooms are included in our room block. The Omni will reserve these on a first-come, first-serve basis. Please call the Richmond Omni directly at 1-800-843-6664 to make your reservations.

Course Registration For	m			
Living Well with Art A Two-Day Community E Richmond Omni Hotel, May 21-22	ducation Symposium Richmond, Virginia			
Please Check:	Cost			
<ul><li>Physician Fee</li><li>All other attendees</li></ul>	\$120.00 \$ 75.00			
Please indicate your payment method:  ☐ check enclosed ☐ money order enclosed ☐ purchase order #				
Please mail completed registration form with payment to: Virginia Arthritis Task Force Virginia Department of Health 109 Governor Street 10th Floor Richmond, Virginia 23219				
If you need special or personal accommodations for the conference, such as interpreters, or alternate formats, e-mail Holly.Tiller@vdh.virginia.gov or for more information call 804-864-7877				
For Information call: 804-864-7877 Please PRINT or type your informati appear on your name badge.				
Last four digits of Social Security number				
First Name L	ast Name			
Address				
City, State, Zip				
Phone	Fax			
E-mail				
Break-Out Sessions Day 1 ☐ Track 1 ☐ Track 2 ☐ Track 3 ☐ Track 4 ☐ Track 5 ☐ Track 6	(Select one) (Select one)			
Break-Out Sessions Day 2  Track 1 Track 2 (Select one)				
☐ Check if Vegetarian Meals are	required.			

Registration Deadline: Friday, April 30 2004.

The registration fee includes all handout materials, lunch, breaks, and professional continuing medical credits and continuing education credits as applicable.

I am requesting credit hours for:

□ Continuing Education credit for □ R.N. □ CHES □ R.D. □ P.T. □ O.T.

An application for CEU's has been submitted to the Virginia Nurses Association.

## COMMONWEALTH of VIRGINIA

Department for the Aging

Jay W. DeBoer, J.D., Commissioner

#### **MEMORANDUM**

TO: **AAA Directors** 

FROM: Bill Peterson

DATE: April 20, 2004

 $10^{th}$  Annual Adult Abuse Prevention Conference – June  $3^{rd}$  and  $4^{th}$ SUBJECT:

Attached is the tentative agenda for the 10<sup>th</sup> Annual Adult Abuse Prevention Conference in Virginia Beach sponsored by the Virginia Coalition for the Prevention of Elder Abuse.

Attachment

#### Virginia Coalition for the Prevention of Elder Abuse

#### **Tenth Annual Conference**

#### Celebrating a Decade of Partnership in Prevention and Response

June 3 and 4, 2004

Virginia Beach Resort and Conference Center 2800 Shore Drive Virginia Beach, VA 1-800-468-2722

#### **Conference Agenda**

#### Thursday, June 3, 2004

8:00-9:00 am Registration and Coffee

9:00-10:30 am Welcome and Opening Keynote Address

Whose Autonomy Is It, Anyway? Protecting Vulnerable

People in a Libertarian Era

A thoughtful assessment of vulnerability, challenging popular "wisdom" and helping participants to consider dimensions of

the dominant cultural value of independence

Presenter: Harry R. Moody, Ph.D., Director, Institute for Human Values in Aging, International Longevity Center, New York, NY and author of some 100 works on aging,

ethics, and human values

10:30-10:45 am Networking Break and Refreshments

10:45-12:15 pm Concurrent Breakout Sessions

A. Values dilemmas in protective services Mini case studies and video vignettes on vulnerable elders that present and analyze the complexities of autonomy, care, and intervention

Presenter: Harry R. Moody, Ph.D.

**B.** Creative fundraising ideas: Where do we start?

Discusses what to do if you don't have a development office, innovative ways to raise public awareness and financial support for your non-profit activities

Presenters: John Newhart, Sheriff, City of Chesapeake, and Denise Kellogg, Director, Colonial Williamsburg Fund

#### C. Sexual assault

(Anne is trying for a VADV or VAASA speaker since Barbara Walker's person moved to Kentucky. Any ideas?)

12:45-2:15 pm Luncheon and Tenth Anniversary Special Recognitions

2:15-3:45 pm Concurrent Breakout Sessions

#### D. The New APS Regulations

Review of the changes and additions to regulations that become effective July 1, 2004 and their implications for practice

Presenter: Terry Smith, Acting Director, Division of Family Services and Adult Services Program Manager, Virginia Department of Social Services

# E. TRIAD: Seniors and law enforcement working together

A model of collaboration active in 170 Virginia localities to promote the safety and prevent the victimization of elders *Presenters: Randall Davis, Director, TRIAD and Citizen Outreach, Office of the Attorney General, and Elaine Anderson, Orange County Sheriff's Department* 

#### F. VANS (Vulnerable Adults in Need of Services)

A team effort by APS, the Charlottesville Police Department, and the Jefferson Area Board for Aging working to reduce the risk of abuse, neglect, and exploitation.

Presenters: Joyce Martin, Supervisor, Charlottesville Department of Social Services, and Officer Bill Martin, Charlottesville Police Department

3:45-4:00 pm Break

4;00-5:00 pm Terra Nova Film Festival

5:00 pm Tenth Anniversary Reception

#### Friday, June 4, 2004

7:30-8:30 am Continental Breakfast

8:30-10:00 am

Concurrent Breakout Sessions

# G. Forensic case studies of elder abuse, domestic violence, and sexual assault

Presenters: Susan Carson, RN, FNE, Department of Emergency Medicine, VCU Medical Center, and Detective William Lightfoot, Youth and Family Crimes, Domestic Violence Unit, Richmond Police Department

# H. Domestic violence in later life: Developing a coordinated community response

Exemplary practices for building local coalitions and implementing successful collaborations on elder abuse and domestic violence in later life

Presenters: Sara Bergdolt-Munzer, Abuse in Later Life Program Coordinator, Family Violence Program, Inc., of Pitt County (NC), and Anne Palmer, V-STOP Project Coordinator, Virginia Center on Aging

#### I. Dorothy Enders

(Wendy was supposed to finalize this, according to my notes)

10:00-10:30 am

**Networking Break** 

10:30-Noon

Closing Plenary

# I'd rather be home: The seven-year abuse case of Norman

Discusses previously unseen footage regarding Norman and other well known cases in an informative and educational "rest of the story" format

Presenter: James Vanden Bosch, founder and executive director of Terra Nova Films, a not-for-profit company specializing in the production and distribution of videos on aging-related issues, including significant investigations of domestic violence, elder abuse, neglect, and exploitation

#### Accommodations

VCPEA has reserved a block of rooms at the Virginia Beach Resort and Conference Center at the special rate of \$90 a night, single or double occupancy. Please make your reservations directly with the hotel by calling 1-800-468-2722 and requesting the VCPEA conference rate. Room reservations must be made by May 20, 2004 to receive the conference rate.

#### VCPEA 10<sup>th</sup> Annual Conference Registration Form

Please use only one form for each person registering. You may copy this form as needed. PLEASE PRINT.

Last name	
First name	
Organization	

(We should have this form on file)

#### **Registration and Membership Fees**

Check the appropriate category and the amount enclosed. Early registration is up to May 24<sup>th</sup> postmark.

Farly After 5/24

	∟ariy	After 5/24
VCPEA Member	\$100	\$110
Non-member	\$125	\$135
Individual Membership		\$20
Organizational Membership		\$40
Total enclosed		

Early registration deadline is May 24, 2004 (postmark). Because we become obligated for expenses, there can be no refunds after this date. Please make checks payable to VCPEA and mail your registration to: